

RAMP

Ravenhill's Accountability and Mentoring Program

Ravenhill's Accountability and Mentoring Program (RAMP) is a specialized intervention offering intensive, individualized mentoring services to at-risk juveniles in the community. We believe that with the proper interventions and management these youth are capable of change. RAMP is a 26 week, community based, intervention designed to offer assistance to Juvenile Probation Officers and the Juvenile Court. Intensive, consistent, and responsive counseling/ mentoring services to at-risk youth helps minimize recidivism and promote successful outcomes while allowing youth to avoid out-of-home placement.

Upon referral, background information is reviewed and an individualized service plan is developed to most effectively address presenting criminogenic needs to assist the juvenile in successfully becoming an active member of the community, i.e., becoming gainfully employed, and developing a positive peer group and support network.

A service plan, safety plan, and behavioral contract are developed within the first month of involvement. This is developed with the youth, family, and assigned Juvenile Probation Officer. From the onset of involvement, discharge planning evolves. This involves clarification of specific goals that need to be accomplished, and the identification and coordination of ancillary community resources (mental health clinics, employment assistance, educational resources, and pro social activities) which can be accessed for additional support and opportunities.

RAMP provides services to young males and females who have been adjudicated delinquent and are granted the opportunity to remain in the community who are:

Between the ages of 10 and 21 years old

Adjudicated delinquent and are living in/ or who are returning to the community

Determined to be a moderate to high risk on the Youth Level of Services Case Management Inventory (YLS/CMI) and "personality and behavior", attitudes and orientation", or "family circumstances/parenting" are the identified criminogenic need.

Services

Service Planning from the Onset of Involvement

An individual service plan will be collaboratively developed, capturing the unique needs of the juvenile and/or family, and will focus on the areas of "Personality and Behavior", "Attitudes and Orientation", and/or "Family Circumstances/Parenting" identified through the YLS/CMI. Behavioral contracts will be created to reduce/eliminate identified problematic behaviors through the use of a reward system.

Ongoing Mentoring & Assessment

Case Managers act as role models and meet with each youth in the home, school, or community setting for at least one hour at a time, three times per week. They will mentor youth in order to assist in the development of competencies in decision making, pro-social skills, academic skills, employment skills, as well as independent living skills. Case Managers are on call on a 24 hour basis.

Community Connections

Youth and families are assisted in cultivating positive community connections related to academic, employment, mental wellbeing, physical health, and recreational supports.

Partnerships for Brighter Futures

Rather than merely teaching, or simply informing, RAMP focuses on collaboration between client and treatment team in order to facilitate meaningful behavioral changes. With an emphasis on personal accountability and responsibility, we provide youth with personal connectedness, supervision and guidance, skills training, job/career enrichment opportunities, a knowledge of values, and goals/ hope for the future. In addition our graduates experience:

- Reduction in externalizing behaviors such as aggression, hyperactivity, and conduct problems
- Reduction in internalizing behaviors such as anxiety and depression
- Increase in adaptive functioning such as increased ability for adapting to changing situations, leadership behaviors, and positive communication skills
- A decrease in estimated risk for reoffending and an increase in protective factors

A Team of Highly Trained Professionals

Case Managers

RAMP Case Managers are trained in: CBT related interventions, FDGM-like techniques, Motivational Interviewing, Stages of Change, & the use of risk assessments (most specifically the YLS) and provide mentoring, counseling, & address identified criminogenic needs.

Initial meetings take place with the juvenile and family in which introductions, safety issues, risk level, service goals & the program are reviewed. Case managers, in collaboration with the youth, parent/guardian & Probation Officer will identify goals, & create both service & transition plans. Youth meet with Case Managers at least three hours per week.