

# CARP

## Community Adjustment & Reintegration Program

Young offenders, who are granted the privilege of probation, often require services and support to promote wellness and reduce the likelihood of recidivating. In addition, transitioning from placement to the community can often be a stressful time for juveniles and their families. Ravenhill's **Community Adjustment and Reintegration Program (CARP)** is a specialized intervention designed to offer assistance to Juvenile Probation Officers and the Court through a combination of time-limited case management and specialized forensic services. **CARP** provides intensive, consistent, and responsive services to juvenile offenders who are residing in the community and assists in the transition of those offenders returning to the community from residential or out-of-home placements.

**CARP** incorporates the principals of evidenced based probation in order to appropriately identify individual service needs and relies on the findings of the Youth Level of Service Index (YLS) to identify the risk/need of each referred client.

CARP offers specialized community services for youth at risk for sexual recidivism. Appropriate candidates for CARP are males and females ages 11 through 20 years old with *functional abilities ranging between borderline and intellectually gifted (lower cognitive profiles and those with mild ASD may be considered)* who have been adjudicated delinquent of a sexual offense(s) and who are returning to the community after placement.

## Services

### Supervised Transition

In collaboration with the client, Probation Officer, and parents/guardians, the CARP treatment team reviews each case. Previous safety issues, risk level, wellness, and relapse prevention plans, and YLS scores are evaluated to develop personalized transition and safety plans.

### Ongoing Monitoring & Assessment

Ongoing assessment and consideration of criminogenic risk occurs throughout the duration of the program. Case Managers meet with each youth at least twice per week in the home, school, or community setting. Forensic Specialists address personal and behavioral goals in weekly meetings held at Ravenhill offices. Therapeutic Polygraph examinations are provided as needed and Case Managers are on call on a 24 hour basis.

### Community Connections

Youth and families are assisted in cultivating positive community connections related to academic, employment, mental wellbeing, physical health, and recreational supports.

# Partnerships for Brighter Futures

Rather than merely teaching, or simply informing, CARP focuses on collaboration between client and treatment team in order to facilitate meaningful behavioral changes. With an emphasis on personal accountability and responsibility, we provide youth with personal connectedness, supervision and guidance, skills training, job/career enrichment opportunities, a knowledge of values, and goals/ hope for the future. In addition our graduates experience:

- Reduction in externalizing behaviors such as aggression, hyperactivity, and conduct problems
- Reduction in internalizing behaviors such as anxiety and depression
- Increase in adaptive functioning such as increased ability for adapting to changing situations, leadership behaviors, and positive communication skills.
- A decrease in estimated risk for reoffending and an increase in protective factors

## A Team of Highly Trained Professionals

### Case Managers

Case Managers, trained in CBT related interventions, FDGM-like techniques, Motivational Interviewing, Stages of Change, & the use of risk assessments (most specifically the YLS) provide mentoring, counseling, & address identified criminogenic needs.

Initial meetings take place with the juvenile and family in which introductions, safety issues, risk level, service goals & the program are reviewed. Case managers, in collaboration with the youth, parent/guardian, Therapist, & Probation Officer will identify goals, & create both service & transition plans. Youth receive a minimum of two face-to-face meetings/week.

### Forensic Specialists

Forensic Specialists have a minimum of a Master's Degree in Psychology, Social Work, Education, Human Services, or other disciplines related to the delivery of Social Services. Forensic Specialists have experience with the mandated population, most specifically juvenile offenders. They provide specialized support & supervise the implementation of the transition plan to minimize recidivism while promoting successful reintegration into the community.